

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Helen Halford**

Has successfully participated & completed the  
**10km Prestige Trail Run Series #3 - Ingaadi Edition**

held at Ingaadi Spa.

**TIME 01:34:26**

**PACE 09:25/km**  
**OVERALL 203 of 231**

**GENDER 117 of 138**  
**60 - 69 4 of 5**

05 August 2018, Sun

Date



*BoutTime*

Signature

